

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
-M-	-T-	-W-	-Th-	-F-	-Sat-	-Sun-
GI 12:00-1:00PM	No GI 12:00-1:00PM	GI 12:00-1:00PM	GI 12:00-1:00PM	GI 12:00-1:00PM	Kids class (mixed) 11:00-12:00AM	Open Mat 10:00-12:00PM
GI (Open Mat) 1:00-1:30PM	No GI (Open Mat) 1:00-1:30PM	GI (Open Mat) 1:00-1:30PM	GI (Open Mat) 1:00-1:30PM	GI (Open Mat) 1:00-1:30PM	No GI (upstairs) 10:00-11:00AM	
GI Fundamentals 5:00-6:00PM	Kids No GI 5:00-6:00PM	Kids GI 5:00-6:00PM	Kids No GI 5:00-6:00PM	Kids GI 5:00-6:00PM	GI 11:00-12:00PM	
GI Competition Class 6:00-7:30PM	No GI Fundamentals 5:00-6:00PM	GI Fundamentals 5:00-6:00PM	GI Fundamentals 5:00-6:00PM	GI Fundamentals 5:00-6:00PM	Open mat 12:00-12:45PM	
	No GI Competition Class 6:00-7:30PM	GI Competition Class 6:00-7:30PM	GI Competition Class 6:00-7:30PM	GI Competition Class 6:00-7:30PM		
	Muay Thai Co-Ed Adult Class 6:00-7:30PM		Muay Thai Co-Ed Adult Class 6:00-7:30PM			